

IDEAL 5K ETAPA VICENTINOS – TRAIL RUN

Relatório Geral - 5KM - Feminino

Coloc.	Num.	Nome	Sx.	Idd.	Equipe	Tempo	Liquido
1	268	MONICA DE CARVALHO S. SANTOS	F	23	CORRE CAJAMAR	00:24:05	00:24:04
2	292	PAULA YSHIKAWA	F	42	TAPIOCA OISHII	00:25:46	00:25:42
3	150	GRAZIELE OLIVEIRA DE LIMA	F	34	AVULSO	00:26:11	00:26:06
4	333	SIDÁLIA NOBRE DE QUEIRÓZ	F	30	AVULSO	00:26:32	00:26:24
5	372	YARA REGINA CAMILLO	F	18	CORRE CAJAMAR	00:26:25	00:26:24
6	338	SÍLVIA MARIA MURAKAMI	F	49	CLIP ACAD PAULINIA	00:26:42	00:26:39
7	99	ELISABETE PEREIRA BARBOSA	F	40	ADALTO & AMIGOS	00:28:30	00:28:26
8	282	NINHA ANDRADE	F	39	IDEAL5K	00:28:52	00:28:49
9	136	GABRIELLA RICHETTI DE PAULA MERCANTE	F	40	SISTERS4RUNNING	00:28:56	00:28:53
10	72	CYNTIA RODRIGUES DE ARAÚJO BRANDÃO	F	46	CASTELO ALIMENTOS S/A	00:30:01	00:29:58
11	332	SHIRLEY DOMINGOS DE ANDRADE GOMES	F	41	AMIGOSRUN	00:30:04	00:30:00
12	402	ANDREIA ZAVARIZZ SUPRANO	F	27		00:30:50	00:30:27
13	45	APARECIDA RAMOS	F	51	TATINHOS RUNNERS	00:30:49	00:30:37
14	311	RENATA PRADO	F	38	AVULSO	00:30:40	00:30:37
15	404	VANESSA ZAVARIZZ SUPRANO	F	30		00:30:49	00:30:43
16	23	ALINE FERNOCHIO	F	30	EQUIPE BILÚ	00:31:26	00:30:56
17	102	ELIZIANE FREITAS	F	33	AVULSO	00:31:12	00:31:10
18	153	HERICA MARTINS CHEVES PIMENTA	F	26	ADALTO & AMIGOS	00:32:44	00:31:42
19	159	IVANI CRISTINA LAZARINE	F	34	PEDRA E ASFALTO	00:31:59	00:31:56
20	160	IVETE MAZZOLA BRAGA KOVALSKI	F	57	IDEAL5K AMERICANA	00:32:50	00:32:03
21	52	CAMILA CANHOELLA	F	32	ZV ASSESSORIA ESPORTIVA	00:32:24	00:32:17
22	111	FABIANA DE LIMA	F	33	ADALTO & AMIGOS	00:32:26	00:32:22
23	321	ROSA TEODORA DA SILVA	F	70	4U	00:33:44	00:32:23
24	106	ERICA GOBATO	F	40	LIGA DA JUSTIÇA	00:32:47	00:32:38
25	6	ADRIANA DE OLIVEIRA ALEIXO	F	37	AVULSO	00:33:04	00:32:50
26	101	ELISANGELA LOPES SILVERIO	F	39	AVULSO	00:33:32	00:33:17
27	296	PRISCILA DE ARAÚJO SILVA	F	36	AVULSO	00:33:41	00:33:24
28	107	EUNICE APARECIDA PEREIRA DE BARROS	F	59	AVULSO	00:34:25	00:33:40
29	76	DANIELA DE CÁSSIA D DA SILVA	F	37	CORRE CAJAMAR	00:34:45	00:33:46
30	205	LIVIA TIEMI ITO	F	38	AVULSO	00:34:12	00:34:04
31	341	SIMONE RODRIGUES NASCIMENTO	F	39	ADALTO & AMIGOS	00:34:09	00:34:06
32	190	KELLI SOUZA	F	33	SEALS RUN	00:35:41	00:34:12
33	228	MAGALI APARECIDA DA CUNHA ZAMBOLI	F	54	ADALTO & AMIGOS	00:34:55	00:34:14
34	201	LEIDEJANE BARBOSA DA SILVA	F	37	AVULSO	00:34:22	00:34:16
35	249	MARIANE GARCIA DE OLIVEIRA	F	27	LIGA DA JUSTIÇA	00:35:01	00:34:17
36	349	THAIS FERNANDA LUCHETTI DE BARROS PRESTES	F	28	AVULSO	00:35:30	00:34:23
37	278	NERLI BONFIM MENEZES PEREIRA	F	41	IDEAL5K AMERICANA	00:35:05	00:34:29

38	68	CONCEIÇÃO MEDEIROS	F	50	LOVE2RUN	00:34:57	00:34:37
39	408	NATALIA TORREZAN	F	25		00:34:59	00:34:38
40	96	ELAINE CRISTINA DA SILVA SANTOS	F	40	AVULSO	00:34:58	00:34:39
41	64	CLARICE STASSI	F	48	LIGA DA JUSTIÇA	00:35:39	00:34:53
42	54	CARLA MIRELLA FERNANDES	F	30	AVULSO	00:35:56	00:35:01
43	227	LUZIA A SILVA	F	41	AVULSO	00:35:13	00:35:05
44	134	GABRIELA TREVISAN BRUNELLI	F	33	ADALTO & AMIGOS	00:35:54	00:35:15
45	260	MICHELE ELOISA FERREIRA	F	38	TATINHOS RUNNERS	00:35:40	00:35:23
46	362	VANESSA TORRES SILVA	F	32	ADALTO & AMIGOS	00:36:15	00:35:24
47	407	RÉGIANE MAIARA AMARO	F	27		00:35:45	00:35:27
48	48	BRUNA APARECIDA RABELLO TIENE	F	41	LD ASSESSORIA	00:35:49	00:35:32
49	197	LAYARA BURIGO MACHADO VIEIRA	F	32	AVULSO	00:36:02	00:35:44
50	39	ANDRÉA MACIEL DE OLIVEIRA	F	36	LOVE2RUN	00:35:59	00:35:45
51	29	ANA CAROLINA COSTA GARUPE	F	35	BOLLA RUNNING	00:36:23	00:36:02
52	69	CRISTIANE DE FALCO	F	37	AVULSO	00:37:46	00:36:02
53	79	DANIELA RODRIGUES SALLES	F	32	ON RUNNING	00:36:26	00:36:03
54	250	MARINA TEODORO DA SILVA	F	40	ON RUNNING	00:36:26	00:36:07
55	265	MILENA DE LIMA MARTINS	F	31	GORDINHOS RUNNING	00:36:22	00:36:18
56	148	GISLAINE BRESCANCINI FERNANDES	F	38	LOVE2RUN	00:36:42	00:36:23
57	112	FABIANA GAZOLA FURATORI DUQUE	F	38	LOVE2RUN	00:36:42	00:36:27
58	351	THAIS VIVIANE GALERA GARDENGUE	F	38	RUNNING JUNDIAI	00:37:06	00:36:29
59	163	JEANNINE FERRARI CHAGAS	F	62	ADALTO & AMIGOS	00:37:34	00:37:01
60	78	DANIELA GATERA	F	42	LIGA DA JUSTIÇA	00:37:20	00:37:03
61	49	BRUNA MARIA PEIXOTO	F	31	AVULSO	00:38:12	00:37:13
62	59	CAROLINE BERNUCCI FARIA	F	25	TOMOVE	00:38:09	00:37:32
63	95	ELAINE C CREPALDI	F	43	AVULSO	00:38:02	00:37:45
64	171	JOELEN MARY DE LIMA	F	31	AVULSO	00:38:12	00:37:45
65	186	JUSSARA CONTELLI AMORIM ANTONIO	F	34	R2FIT	00:38:10	00:37:50
66	256	MAYARA COSTA MESQUITA	F	28	MAYNUTRI	00:39:02	00:38:02
67	86	DEBORA MILONE	F	41	AVULSO	00:39:08	00:38:18
68	267	MONICA APARECIDA MARASSATO	F	30	ZV	00:38:48	00:38:32
69	15	AKEMI KAJITA	F	41	AVULSO	00:39:34	00:38:35
70	81	DANILA FERNANDA BORSOLARI RIBEIRO	F	38	LOVE2RUN	00:39:08	00:38:48
71	301	RAQUEL DE OLIVEIRA SILVA	F	33	LIGA DA JUSTIÇA	00:39:37	00:38:55
72	323	SABRINA FERNANDES THOMAZETTO	F	36	EQUIPE TRAVIÚ	00:39:42	00:39:04
73	183	JULIANA GASPAR MORENO	F	29	AVULSO	00:39:26	00:39:05
74	184	JULIANA M PECORARO	F	36	AVULSO	00:39:20	00:39:12
75	147	GISLAINE APARECIDA DE SOUZA	F	32	AVULSO	00:41:05	00:39:16
76	43	ANTONIA COSTA MESQUITA	F	52	MAYNUTRI	00:40:34	00:39:42
77	337	SILVIA MARIA CAETANO	F	48	BOLLA RUNNING	00:41:27	00:39:54
78	182	JOYCE HELENA MOREIRA	F	42	LIGA DA JUSTIÇA	00:40:38	00:39:58
79	239	MARIA ANGELICA PAULINO DA SILVA	F	35	AVULSO	00:40:31	00:40:00
80	240	MARIA CECILIA CARNEIRO DE FREITAS	F	54	R2FIT	00:40:23	00:40:00
81	277	NEIDE GOMES	F	39	ADALTO & AMIGOS	00:40:03	00:40:01
82	7	ADRIANA DE OLIVEIRA PICCHI PALMA	F	49	AVULSO	00:40:34	00:40:04

83	26	ALINE PUPO RAMPIN	F	29	BOLLA RUNNING	00:41:44	00:40:14
84	263	MICHELLE DA CUNHA	F	31	AVULSO TEMHO	00:41:34	00:40:18
85	8	ADRIANA GOMES HENRIQUE ROCHA	F	51	AVULSO	00:40:47	00:40:37
86	119	FERNANDA PEREIRA GUITARRARI	F	28	LOUCO POR CORRIDA	00:41:07	00:40:49
87	345	SUE ELLEN HELENA BEZERRA E SILVA	F	37	AVULSO	00:41:25	00:40:57
88	198	LAYSLA DA SILVA	F	18	CASTELO ALIMENTOS S/A	00:41:29	00:40:58
89	187	KAMILLA BRAMBILLA	F	29	AVULSO	00:41:14	00:41:03
90	108	EUNICE SUMIKO KUWAHARA FREIRE	F	59	AVULSO	00:41:36	00:41:04
91	274	NATHALI EDUARDA CAPONEGRI	F	28	AVULSO	00:41:23	00:41:08
92	343	SOLANGE MARIA DA SILVA SOUZA	F	45	AVULSO	00:41:53	00:41:35
93	342	SOLANGE FRANÇA AGUIAR	F	70	SESC	00:42:38	00:41:46
94	232	MÁRCIA RIBEIRO RITA	F	33	MR	00:42:08	00:41:55
95	400	ADRIELE LIMA	F	27		00:42:43	00:42:00
96	65	CLAUDIA REGINA CARDARELLI FERRAZ	F	33	LIGA DA JUSTIÇA	00:43:42	00:42:04
97	75	DANIELA CARBONERI FRANCISCO	F	37	#AMIGOSQUECORREM	00:43:13	00:42:08
98	27	ALORAINE MARIA JOSÉ SEMEDO	F	54	SESC JUNDIAÍ	00:43:01	00:42:10
99	340	SILVIA SANCHES DE SOUZA	F	43	MAXI TRAINING	00:42:46	00:42:11
100	252	MARLEI DE FÁTIMA PEDRO	F	48	TATINHOS RUNNERS	00:42:34	00:42:18
101	191	KELLY REGINA DA SILVA	F	39	4U	00:43:21	00:42:35
102	196	LARISSA SANGUINO QUIBÃO	F	28	LOVE2RUN	00:43:08	00:42:44
103	244	MARIA FERNANDA BASSI RODILHANO	F	30	AVULSO	00:43:08	00:42:44
104	328	SANDRA CAMPANHOLON MALVEZI	F	48	ADALTO & AMIGOS	00:43:42	00:42:46
105	46	BEATRIZ GOMES SANTOS	F	23	VIVATIVO	00:44:34	00:42:52
106	359	VANESSA CAROLINE DE OLIVEIRA	F	27	IRMAOS BOA	00:43:19	00:42:58
107	215	LUCIANA BRUNA DE AZEVEDO SILVA	F	26	AVULSO	00:44:03	00:43:00
108	135	GABRIELE COZARE	F	35	AVULSO	00:44:56	00:43:01
109	70	CRISTIANE VICENTIM SILVA	F	34	AVULSO	00:44:20	00:43:08
110	133	GABRIELA DOS SANTOS FERREIRA	F	29	AVULSO	00:43:51	00:43:23
111	392	AIMÉE GUIMARÃES FEIJÃO	F	29		00:43:55	00:43:23
112	314	ROBERTA DIAS	F	50	LIGA DA JUSTIÇA	00:44:12	00:43:26
113	303	REGIANE ALVES FERREIRA BONIFÁCIO	F	52	ADALTO & AMIGOS	00:44:32	00:43:27
114	41	ANDREZA USTULIN VERTUAN	F	25	AVULSO	00:44:24	00:43:32
115	203	LIDIE MEGETO COSTA DANIEL	F	38	LIGA DA JUSTIÇA	00:45:22	00:43:34
116	166	JESSICA BELCHIOR MENDES	F	25	AVULSO	00:44:28	00:43:36
117	92	EDNA MARIA DA CONCEIÇÃO OLIVEIRA	F	47	CORRE CAJAMAR	00:44:16	00:43:45
118	287	PATRICIA BEDIM DE MELLO	F	43	CORRIDA ESPORTE CLUBE	00:44:36	00:43:51
119	145	GIOVANNA FABBRI	F	23	AVULSO	00:44:52	00:44:15
120	286	PAOLLA MORETO DE PAULA	F	29	TOMOVE	00:45:10	00:44:31
121	42	ANGÉLICA CZANK	F	29	AVULSO	00:45:57	00:44:37
122	118	FERNANDA OLIVEIRA BRITO	F	30	CORRE CAJAMAR	00:44:44	00:44:38
123	30	ANA LUCIA MACIEL DE OLIVEIRA GALDINO	F	39	LOVE 2 RUN	00:45:13	00:44:56
124	195	LARISSA NERY	F	28	LIGA DA JUSTIÇA	00:47:21	00:45:05
125	382	MARIA JOSÉ DE SOUZA VERÇOSA	F	55		00:47:01	00:45:06
126	271	NATÁLIA EMILIA DA SILVA	F	38	AVULSO	00:45:42	00:45:11
127	369	WENDY MARQUES MENDES	F	31	AVULSO	00:45:42	00:45:14

128	245	MARIA INÊS RIZZI SILVEIRA	F	60	TAMOS RUNTOS	00:45:46	00:45:18
129	335	SILVANA AP DE OLIVEIRA	F	47	AVULSO	00:46:29	00:45:22
130	214	LUCIANA BOAVENTURA SOARES	F	39	AVULSO	00:46:11	00:45:36
131	395	LIDIOMAR CONTELLI ANTONIO	F	56		00:46:04	00:45:38
132	348	TATIANI	F	39	AVULSO	00:45:54	00:45:47
133	242	MARIA DELANDIA PEREIRA GRANGEIRO	F	44	LIGA DA JUSTIÇA	00:46:27	00:45:48
134	87	DÉBORA PRISCILA MATEUS DA SILVA	F	27	AVULSO	00:47:12	00:45:51
135	32	ANA PAULA DE LIMA	F	44	ADALTO & AMIGOS	00:47:10	00:45:55
136	157	ISABEL MANOEL	F	51	TAMOSRUNTOS	00:46:30	00:45:56
137	346	SUSI MARA CAPOBIANCO	F	42	AVULSO	00:47:52	00:46:14
138	167	JESSICA RANGEL AQUINO	F	28	AVULSO	00:47:23	00:46:21
139	289	PATRICIA COKELI SELLER	F	45	AVULSO	00:47:55	00:46:28
140	138	GENI DE GODOI	F	54	TAMOSRUNTOS	00:46:58	00:46:29
141	241	MARIA DE OLIVEIRA PADILHA	F	55	AVULSO	00:47:54	00:46:33
142	297	PRISCILA NOGUEIRA DE PAULA	F	39	AVULSO	00:47:53	00:46:34
143	137	GABRIELLE TOMAZETO	F	41	AMIGOS QUE CORREM	00:47:45	00:46:44
144	77	DANIELA DE OLIVEIRA	F	37	LIGA DA JUSTIÇA	00:48:02	00:46:45
145	406	ROSANGELA TORRES DE SOUZA	F	42		00:47:44	00:46:49
146	399	LUCIANA MARIA DA SILVA	F	41		00:48:00	00:47:24
147	302	RAQUEL FANTINELLI	F	42	AVULSO	00:48:47	00:47:28
148	322	ROSANA AP DE ASSIS	F	35	AVULSO	00:48:47	00:47:33
149	9	ADRIANA PIRES	F	50	AVULSO	00:49:01	00:47:38
150	384	CAROLINE APARECIDA DE SOUZA VERÇOSA	F	27		00:49:40	00:47:45
151	247	MARIANA DE BASTIANI SANTOS	F	38	METTAGRAF	00:48:39	00:47:47
152	344	SÔNIA MARIA BERTONCINI	F	55	LIGA DA JUSTIÇA	00:48:43	00:47:53
153	288	PATRICIA CÉSAR CARVALHO TAFARELO	F	47	ADALTO & AMIGOS	00:48:59	00:48:16
154	60	CELIA SANCHES DE SOUZA	F	49	MAXI TRAINING	00:49:01	00:48:24
155	4	ADRIANA ALVES DA SILVA	F	39	LIGA DA JUSTIÇA	00:49:52	00:48:25
156	155	INARA DELLA NINA BEDINI	F	35	AVULSO	00:49:58	00:48:27
157	397	CINTHIA EMICO IWAYAMA	F	31		00:49:27	00:48:28
158	248	MARIANA PEDRETTI ZAMBELLI	F	37	AVULSO	00:49:59	00:48:33
159	261	MICHELE VILELA TORRES	F	35	AVULSO	00:48:54	00:48:35
160	281	NICOLE COSTA MESQUITA	F	20	MAYNUTRI	00:49:35	00:48:38
161	63	CHARLENE BITTENCOURT	F	37	AVULSO	00:49:40	00:49:21
162	409	ELIANE BERNUCCI	F	55		00:51:16	00:50:35
163	279	NEUZA DIAS	F	56	ADALTO & AMIGOS	00:51:57	00:50:43
164	304	REGIANE SALLES	F	43	ADALTO & AMIGOS	00:51:57	00:50:51
165	146	GISELE BRESCANCINI FERNANDES	F	40	LOVE2RUN	00:51:40	00:50:55
166	327	SANDRA BATISTA DA SILVA	F	33	AVULSO	00:51:52	00:50:55
167	246	MARIA VILMA VIEIRA BEIGA	F	50	ADALTO & AMIGOS	00:52:18	00:51:05
168	291	PAULA CRISTINA FREITAS SERENO	F	38	LOVE2RUN	00:51:26	00:51:05
169	266	MIRTES BRITO	F	0	ADALTO & AMIGOS	00:52:23	00:51:09
170	5	ADRIANA DE CARVALHO RIBEIRO	F	56	RUNNING JUNDIAI	00:51:39	00:51:17
171	310	RENATA PEREZ GARCIA FERREIRA	F	39	AVULSO	00:52:08	00:51:47
172	156	IRACILVA ANDRILENA PEREIRA	F	51	IDEAL5K AMERICANA	00:52:51	00:52:04

173	347	TALITA ALVES CABDEU DE OLIVEIRA	F	35	LIGA DA JUSTIÇA	00:53:30	00:52:20
174	420	CAMILA CORNELAS DE ARAUJO	F	29		00:54:43	00:52:56
175	375	LUANA SIQUEIRA MARQUES	F	28		00:55:20	00:55:02
176	168	JESSICA RODRIGUES DA SILVA	F	27	AVULSO	00:55:20	00:55:13
177	251	MARISTER BOTIGNON	F	67	BOLLA RUNNING	00:56:22	00:55:50
178	336	SILVANA DA SILVA	F	52	BOLLA RUNNING	00:56:23	00:55:52
179	324	SALETE DELBONI ORTEGA	F	52	AVULSO	00:57:35	00:56:09
180	276	NATHALIA PRISCILA DE MORAES	F	24	AVULSO	00:57:13	00:56:11
181	350	THAIS GRAZIELE DE OLIVEIRA	F	32	AVULSO	00:58:03	00:56:12
182	381	RENATA CAROLINA ESPERANÇA	F	38		00:58:03	00:56:17
183	125	FRANCIELLY MOSQUETE	F	33	AVULSO	00:58:09	00:56:18
184	204	LIGIA PACHECO	F	33	AMIGOS QUE CORREM	00:58:07	00:56:59
185	364	VILMA MARIN ALVES DE LIMA	F	52	VACILO	00:57:10	00:57:01
186	50	BRUNA RAMOS SCARELI	F	29	AVULSO	00:59:21	00:58:26
187	352	THAYRÉ MARIN ALVES DE LIMA	F	33	AVULSO	00:58:53	00:58:43
188	117	FERNANDA MAIA PEREIRA	F	26	AVULSO	00:58:54	00:58:48
189	105	EMÍLIA MEDINA DA SILVA	F	51	ADALTO & AMIGOS	01:00:10	00:59:10
190	339	SILVIA SALVADOR	F	46	ADALTO & AMIGOS	01:00:10	00:59:12
191	149	GISLAINE SALLE	F	42	ADALTO & AMIGOS	01:00:37	00:59:31
192	309	RENATA PAVAN	F	42	ADALTO & AMIGOS	01:00:59	00:59:37
193	262	MICHELLE A O SILVA	F	27	AVULSO	01:01:13	00:59:40
194	307	RENATA AZEVEDO DE OLIVEIRA RUFINO	F	25	AVULSO	01:02:11	01:00:23
195	295	PRISCILA ARRUDA FELICIANO	F	37	AVULSO	01:02:10	01:00:32
196	358	VÂNEA MUNARETTI WOOD	F	53	ADALTO & AMIGOS	01:02:57	01:01:41
197	329	SANDRA REGINA DE SOUZA NAKATU	F	51	ON RUNNING	01:02:48	01:02:48
198	161	JACIRA DA CONCEIÇÃO LUIZ	F	75	ADALTO & AMIGOS	01:08:26	01:07:54

