

ideal5k 2019 - ETAPA EMPRESTO MINHAS PERNAS

Relatório Geral - 7KM - Masculino

Coloc.	Num.	Nome	Sx.	Idd.	Equipe	Tempo	Liquido
1	7373	FABRICIO FLORA SANTOS	M	35	LWR/ ADALTO & AMIGOS	00:24:40	00:24:40
2	7190	EDIVALDO BUENO PRADO	M	51	ADIDAS RUNNERS SP	00:24:58	00:24:56
3	7107	DIEGO RIBEIRO DOS SANTOS OLIVEIRA	M	35	AVULSO	00:25:35	00:25:34
4	7266	FERNANDO DOS SANTO SOARES	M	44	ADALTO & AMIGOS	00:25:50	00:25:49
5	7338	SILVIO TADEU TONHATTI DE SOUZA	M	37	ADALTO & AMIGOS	00:26:08	00:26:07
6	7360	FÁBIO SANTANA DOS SANTOS	M	36	PEDESTREANISMO JUNDIAÍ	00:26:14	00:26:14
7	7246	CICERO PEREIRA DA CRUZ	M	47	LIGA DA JUSTIÇA	00:26:57	00:26:57
8	7374	EDUARDO ANIBAL DUARTE	M	38	SEM LIMITES RUNNING VALINHOS	00:27:27	00:27:26
9	7031	MARCO RIBAS DE SOUZA	M	39		00:27:45	00:27:41
10	7229	SEBASTIÃO DEOVALDO ALVES	M	44	LIGA DA JUSTIÇA	00:27:54	00:27:51
11	7187	ALEX SANDRO APARECIDO DE OLIVEIRA	M	38	INDOMÁVEIS	00:27:58	00:27:55
12	7359	TIAGO FERNANDES DA COSTA	M	29	P&G RUNNERS	00:28:04	00:28:04
13	7269	VITOR FERRAZ	M	29	ZENAIDE VIEIRA	00:28:14	00:28:10
14	7323	NILTON CARLOS ABREU	M	36	CORRE CAJAMAR	00:28:12	00:28:10
15	7153	ALISON ROBERTO MACHADO	M	37	AVULSO	00:28:42	00:28:38
16	7354	ADERVALDO LUZ DA SILVA	M	41	PEDESTREANISMO JUNDIAÍ	00:29:06	00:29:06
17	7159	BRUNO HENRIQUE SIMÕES	M	32	MESSER GASES	00:29:16	00:29:14
18	7340	VICTOR DE OLIVEIRA PASSOS	M	20	ZENAIDE VIEIRA	00:29:28	00:29:25
19	7050	FÁBIO TAKEO MARQUES ITAMI	M	42	AVULSO	00:29:51	00:29:30
20	7093	BRUNO REIS VIEIRA	M	27	AVULSO	00:29:39	00:29:38
21	7215	ED WILSON DE PAULA ALMEIDA	M	29	TOMOVE SPORTS / HSE	00:29:48	00:29:41
22	7342	WILSON RABELLO JUNIOR	M	49	ZENAIDE VIEIRA	00:30:27	00:29:59
23	7213	EDUARDO NUNES DA CRUZ	M	41	IDEAL5K	00:30:22	00:30:16
24	7086	MARCELO MENDES BELMONTE	M	43	AVULSO	00:30:33	00:30:24
25	7261	DORIVAL GOMES DA SILVA	M	48	CORRE CAJAMAR	00:30:29	00:30:29
26	7355	JOSE NILTON SILVEIRA	M	37	P&G RUNNERS	00:30:33	00:30:33
27	7090	FRANCISCO DE ASSIS VIEIRA	M	56	AVULSO	00:30:35	00:30:34
28	7110	EZEQUIEL THOMAZETTO	M	30	AVULSO	00:31:08	00:30:45
29	7119	ELISEU FERREIRA GOMES	M	39	AVULSO	00:30:57	00:30:52
30	7362	MARCIO CINTRA	M	33	AVULSO	00:30:54	00:30:53
31	7120	VALDECI SAMPAIO	M	54	AVULSO	00:31:01	00:31:00
32	7200	SIDINEI NEVES	M	35	SEALS	00:31:16	00:31:07
33	7013	IVAN MARTINS DE SOUSA	M	61		00:31:16	00:31:10
34	7313	ROMÁRIO SOARES FERNANDES TENORIO	M	25	MULEKS DA SERRA / CROSS FAZENDA	00:31:20	00:31:12
35	7345	CARLOS TORTORELLA	M	51	EQUIPE JÚLIO COELHO	00:31:19	00:31:17
36	7211	CLAUDINEI RIBEIRO DA SILVA	M	46	CORRE + LOUVEIRA	00:31:30	00:31:27
37	7001	WANDERLEY NILTON DE LIMA	M	37	HOSPITAL PAULO SACRAMENTO	00:31:34	00:31:31

38	7316	LEANDRO FONTANA BRONZATTI	M	40	BOLA RUNNING JUNDIAÍ	00:31:38	00:31:31
39	7381	ALEXANDRE ESTEVES PIRES	M	29	MLKS DA SERRA	00:31:42	00:31:35
40	7016	JOSÉ APARECIDO PINTO PINHEIRO	M	52	BLUEFIT JUNDIAÍ	00:31:45	00:31:42
41	7193	RANDAL YAMAGUCHI	M	38	ZENAIDE VIEIRA	00:31:53	00:31:49
42	7357	MARCEL ILIJA	M	48	P&G RUNNERS	00:31:55	00:31:49
43	7312	JOEDO CLEMENTE SANTOS	M	29	MULEKS DA SERRA / CROSS FAZENDA	00:32:21	00:32:14
44	7186	RENAN FELIPE SILVA	M	28	AVULSO	00:32:31	00:32:23
45	7117	TIAGO HOFFMANN VERGILIO	M	39	AVULSO	00:32:32	00:32:25
46	7335	MÁRCIO RIBEIRO DA SILVA	M	41	ADALTO & AMIGOS	00:32:48	00:32:26
47	7032	GABRIEL PRESCINOTO CAVALCANTE	M	16		00:33:11	00:33:02
48	7127	VINÍCIUS FAIOLI FERNANDES	M	29	AVULSO	00:33:20	00:33:13
49	7173	RICARDO SHINJI OKAZAKI	M	27	AVULSO	00:33:30	00:33:16
50	7113	KLEBER KLEITON DUARTE MESQUITA	M	37	AVULSO	00:33:52	00:33:18
51	7268	VICENTE PAULO RODRIGUES	M	48	ADALTO & AMIGOS	00:33:38	00:33:20
52	7321	MARCOS CAMPOS GOMES	M	41	CORRE CAJAMAR	00:33:24	00:33:22
53	7289	JEFFERSON ALESSANDRO SURIAN	M	42	TOMOVE SPORTS	00:34:27	00:33:42
54	7330	ANTÔNIO HERNANDEZ ARMAS	M	60	ADALTO & AMIGOS	00:33:45	00:33:45
55	7332	EDSON FAÇANHA DE SOUZA	M	56	ZENAIDE VIEIRA	00:34:07	00:33:50
56	7365	FILIPE AUGUSTO CASONATO MARTINS	M	35	TEAM MAMORU	00:34:47	00:34:01
57	7203	GERALDO FERNANDES PESSOA	M	69	AVULSO TENHO	00:34:21	00:34:16
58	7225	FÁBIO HENRIQUE PRONNE DE ALMEIDA	M	44	LIGA DA JUSTIÇA	00:35:15	00:34:20
59	7241	APARECIDO VIEIRA	M	69	CORRE + LOUVEIRA	00:34:28	00:34:24
60	7346	FERNANDO HENRIQUE DA CUNHA	M	30	AVULSO	00:35:38	00:34:35
61	7353	RODRIGO DEFANTE	M	36	NT	00:35:54	00:34:45
62	7012	LUIZ ANTONIO VERDIANI	M	57	VERDIANI RUN	00:35:05	00:34:49
63	7277	HELTON TOLEDO DE OLIVEIRA	M	30	SEALS	00:34:51	00:34:51
64	7207	EWERTON CASTORI GONÇALVES	M	32	CROSS LIFE RESIDENCIAL	00:35:00	00:34:54
65	7135	LUIS FELIPE MARGIOTO DE OLIVEIRA	M	16	AMIGOS DE RUA	00:35:18	00:35:05
66	7389	FELIPPE MONTORO	M	40	CASTELO	00:36:17	00:35:10
67	7288	SILVANO SILVA SOUZA	M	41	AVULSO	00:36:23	00:35:14
68	7314	MURILO GUSTAVO BETTINI PEREIRA	M	30	MULEKS DA SERRA / CROSS FAZENDA	00:35:21	00:35:14
69	7234	EDSON DE ASSIS	M	54	KEPPS BIKE & RUN	00:35:27	00:35:20
70	7369	LUCAS MICAI DA SILVA	M	32	AVULSO	00:35:31	00:35:21
71	7236	JAMES MENDES SLAPÉLIS	M	62	KEPPS BIKE & RUN	00:35:27	00:35:22
72	7176	LUCIANO DO PRADO MAHTIAS	M	41	ASSESSORIA ZENAIDE VIEIRA	00:36:29	00:35:24
73	7284	RODRIGO PUPO RAMPIN	M	32	SEALS	00:35:32	00:35:25
74	7291	LUIZ ALVES DE SOUZA	M	45	LIGA DA JUSTIÇA	00:35:38	00:35:33
75	7290	PEDRO PAULO VENCESLAU PEREIRA	M	39	TOMOVE SPORTS	00:36:26	00:35:41
76	7349	LUCIANO ALEIXO	M	41	WORLD FITNESS	00:35:45	00:35:42
77	7364	MAMORU KUBA JUNIOR	M	40	TEAM MAMORU	00:36:28	00:35:43
78	7125	FERNANDO PRADO DIAS	M	26	AVULSO	00:35:53	00:35:53
79	7237	JONATHAN ALMEIDA COSTA	M	30	KEPPS BIKE & RUN	00:36:02	00:35:53
80	7244	SANDRO RICARDO OLANDA	M	49	LIGA DA JUSTIÇA	00:36:05	00:35:53
81	7088	MAURO COLOMBO	M	55	AVULSO	00:36:19	00:36:01
82	7242	JOSÉ LIRA	M	59	CORRE + LOUVEIRA	00:36:49	00:36:32

83	7036	LUCAS BARBERATTO DA SILVA	M	25	MULEKS DA SERRA	00:37:20	00:36:48
84	7341	VICTOR KAZUO UMIJI	M	30	ADALTO & AMIGOS	00:37:01	00:36:58
85	7022	EMILIO ALEXANDRE VANALLI	M	62		00:37:19	00:37:00
86	7311	GENILDO DE SOUZA COUTINHO	M	47	MULEKS DA SERRA / CROSS FAZENDA	00:37:19	00:37:00
87	7385	ANDERSON DE OLIVEIRA GOMES	M	45	CASTELO	00:37:53	00:37:46
88	7376	LUAN RAFAEL VIEIRA CREMONESI	M	30	IRMÃOS BOA	00:38:12	00:38:00
89	7152	MURILO	M	13	AVULSO	00:38:07	00:38:07
90	7259	GABRIEL BURILE MAIA	M	16	AVULSO	00:39:21	00:38:16
91	7023	MARCOS ROGERIO TOREZIN	M	43	KEPPS	00:38:52	00:38:19
92	7278	HIGOR PEREIRA MARÇAL	M	23	SEALS	00:38:41	00:38:29
93	7020	RODRIGO DE SOUZA	M	38		00:39:12	00:38:40
94	7101	LUIS CARLOS ORTIZ	M	39	AVULSO	00:39:53	00:38:59
95	7258	SANDRO ROBERTO DA SILVA	M	44	AVULSO	00:39:38	00:39:01
96	7019	WALLISON FELIPE SOARES	M	28	CORRE MAIS LOUVEIRA	00:39:20	00:39:05
97	7132	ALISON ROBERTO DE OLIVEIRA	M	42	AMIGOS DE RUA	00:39:26	00:39:12
98	7082	ALEXANDRE DE OLIVEIRA MEDEIROS	M	50	AVULSO	00:39:15	00:39:15
99	7247	CARLOS AUGUSTO PACHECO DE OLIVEIRA	M	48	AVULSO	00:39:25	00:39:17
100	7358	RODNEY RUIZ	M	45	P&G RUNNERS	00:39:26	00:39:20
101	7037	CARLOS EDUARDO DE AZEVEDO BRANDÃO	M	45	LIGA DA JUSTIÇA	00:39:36	00:39:29
102	7206	ANTONIO CARLOS CASTILHO PIMENTEL	M	72	AVULSO	00:39:46	00:39:39
103	7329	ANDRÉ ALVES	M	55	ADALTO & AMIGOS	00:39:59	00:39:39
104	7115	ELIAS ROSA	M	40	AVULSO	00:40:32	00:39:42
105	7226	JOÃO HENRIQUE PRIMINI LOPES	M	32	LIGA DA JUSTIÇA	00:40:33	00:39:42
106	7015	SANDRO ROGERIO CRISOL	M	46		00:40:36	00:39:52
107	7379	GUSTAVO CHECCHINATO	M	47	ZENAIDE VIEIRA	00:40:29	00:39:53
108	7100	ANDRÉ MARTINS DE OLIVEIRA	M	41	AVULSO	00:40:31	00:40:00
109	7232	AILTON JESUS DOS SANTOS	M	46	DIVAS FIT	00:40:36	00:40:08
110	7382	DANIEL RAMOS	M	41	UNIRUN - UNIVERSIDADE DA CORRIDA	00:40:44	00:40:15
111	7210	DOUGLAS MARTINS	M	30	AVULSO	00:40:53	00:40:19
112	7283	RICARDO DOS SANTOS NASCIMENTO	M	35	SEALS	00:41:44	00:40:28
113	7243	VALDEMAR MUHLENBRUCH	M	65	CORRE + LOUVEIRA	00:40:48	00:40:45
114	7262	LEANDRO DE GOUVEIA FARIA	M	35	CORRE CAJAMAR	00:41:44	00:40:53
115	7073	LEONARDO NOGUEIRA DE PAULA	M	33	AVULSO	00:41:52	00:41:07
116	7137	FELIPE JOSÉ ZELLER	M	32	AVULSO	00:42:05	00:41:11
117	7035	MARCELO TAKEO FUJISSAWA	M	37	NÃO TENHO	00:41:23	00:41:12
118	7299	ÉDER MARTINS	M	37	ZENAIDE VIEIRA	00:42:31	00:41:13
119	7063	ANDRÉ LUIS DOS SANTOS	M	39	AVULSO	00:42:10	00:41:18
120	7279	JEFFERSON PROKOPAS	M	36	SEALS	00:41:18	00:41:18
121	7352	LUIZ FERNANDO PACHECO	M	37	MANIA DE CORRIDA	00:42:55	00:41:18
122	7327	ADALBERTO PEDROCCI JUNIOR	M	58	ADALTO & AMIGOS	00:41:59	00:41:43
123	7131	HENRIQUE LINO LOPES NEILA	M	36	MESSER GASES	00:41:56	00:41:54
124	7301	LEOPOLDO MUNHOZ	M	39	ZENAIDE VIEIRA	00:42:31	00:41:54
125	7083	NAIRAN ALVES SILVA	M	30	AVULSO	00:42:50	00:41:55
126	7179	CARLOS ROBERTO DO PRADO	M	55	PURE RUNNERS	00:42:21	00:42:04
127	7208	GUILHERME FRANCISCO FELISALDO	M	20	CROSS LIFE RESIDENCIAL	00:43:10	00:42:26

128	7124	ALEX RODRIGUES DA SILVA OLIVEIRA	M	34	AVULSO	00:42:44	00:42:37
129	7128	JUARI EDSON MOREIRA	M	39	MESSER GASES	00:43:06	00:42:38
130	7361	ROGÉRIO DINI JUNIOR	M	28	GP RUNNERS	00:43:57	00:42:50
131	7182	FERNANDO ALVES FERREIRA	M	40	METTAGRAF	00:44:39	00:43:09
132	7099	FRANCISCO FREIRE LOPES	M	71	AVULSO	00:45:22	00:44:09
133	7303	JOSÉ AMANCIO DE AVEIRO	M	64	T-PRO	00:44:59	00:44:22
134	7122	SERGIO JESUS DE ANDRADE	M	44	EVS PARQUE DA UVA	00:44:59	00:44:41
135	7367	GUILHERME PEREIRA BRANCO	M	25	ADAUTO & AMIGOS	00:45:12	00:44:51
136	7111	MARCILIO PINHEIRO ALVES	M	48	AVULSO	00:45:58	00:44:54
137	7388	JEFFERSON MAIA	M	28		00:46:12	00:45:07
138	7298	MARCELO LUIZ SOLTAU	M	53	PURE SPORT	00:46:10	00:45:36
139	7270	EDSON ALMEIDA DOS SANTOS	M	33	LIGA DA JUSTIÇA	00:47:09	00:45:56
140	7255	EDYNILSON BATISTA DOS SANTOS	M	42	AMIGOS QUE CORREM	00:46:45	00:46:08
141	7295	RICARDO NOBILE A. DE OLIVEIRA	M	41	BRT	00:46:31	00:46:17
142	7164	VICTOR GIOVANNI PELAES VERONA	M	30	51 É PINGA	00:46:22	00:46:20
143	7112	JOCILEI TEIXEIRA NOGUEIRA	M	37	AVULSO	00:47:09	00:46:34
144	7292	RODRIGO CESAR SANTOS RAMALHO	M	32	LIGA DA JUSTIÇA	00:47:12	00:46:35
145	7021	LUCIANO RODRIGO RODRIGUES	M	39	CORRE JOVEM	00:47:39	00:46:46
146	7114	PALMYRO PELLEGRINO NETO	M	41	ZV ASSESSORIA ESPORTIVA	00:47:28	00:46:47
147	7286	THIAGO DA SILVA AMARAL	M	34	SEALS	00:48:29	00:47:20
148	7026	ALEXANDRE OLIVEIRA	M	44		00:48:19	00:48:04
149	7027	DANILO GARCIA	M	64		00:48:19	00:48:05
150	7129	EDISON SILVA FILHO	M	41	AVULSO	00:49:05	00:48:08
151	7204	RAPHAEL MEIRELLES BOA	M	27	LOVE2RUN	00:50:19	00:49:07
152	7072	JULIO CESAR	M	32	AVULSO	00:49:50	00:49:23
153	7087	MAURÍCIO HIROYUKI YAMASAKI	M	55	AVULSO	00:49:24	00:49:24
154	7167	CARLOS HENRIQUE DA SILVA MILANEZI	M	30	AVULSO	00:50:21	00:50:21
155	7320	JOSE FERNANDO ROCHA	M	65	CORRE CAJAMAR	00:50:33	00:50:25
156	7231	JOÃO EDSON ESTANISLAU	M	53	BANDO	00:51:53	00:50:41
157	7029	VINÍCIUS NUNES BRANDÃO	M	27		00:50:50	00:50:50
158	7040	FÁBIO JOSÉ VIOLA	M	36	DEMARCHI	00:53:21	00:50:50
159	7150	RENATO LEITE SALTINI	M	39	AVULSO	00:50:52	00:50:52
160	7158	EDERSON FERREIRA DE SOUZA	M	44	AVULSO	00:52:41	00:52:03
161	7161	DOUGLAS GIMENEZ	M	32	AVULSO	00:56:33	00:52:23
162	7169	CELSON HENRIQUE SANTOS PEREIRA	M	31	AVULSO	00:53:43	00:52:36
163	7184	BRUNO LIMEIRA HORST	M	53	AVULSO	00:54:32	00:54:13
164	7351	RODRIGO LEANDRO LAURENTINO	M	37	AVULSO	00:54:14	00:54:14
165	7198	VINICIUS WHITEHEAD MERLI	M	28	AVULSO	00:56:08	00:55:19
166	7275	CLAYTON GOMES DE SOUZA	M	42	SEALS	00:56:14	00:55:51
167	7039	MÁRIO LUIZ ALVES CRUZ	M	57	DEMARCHI	00:57:32	00:56:44
168	7251	LEANDRO WOIDEA	M	32	FAMÍLIA WOIDEA	00:57:38	00:56:50
169	7163	FERNANDO GONÇALVES	M	37	AVULSO	01:08:22	01:08:22
170	7294	LUIZ CARLOS GONCALVES JR	M	37	EMPRESTO MINHAS PERNAS	01:12:21	01:12:21

