

## 4ª CORRIDA FORM FITNESS - 2023

### Relatório Geral - 5KM - Feminino

Coloc.	Num.	Nome	Sx.	Idd.	Equipe	Tempo	Liquido
1	250	MARCIA LEAL SOUZA ALMEIA	F	43	PASSO A PASSO	00:22:09	00:22:07
2	115	ISABELA GONCALVES CABRAL	F	19	CABRAL RUN	00:23:33	00:23:32
3	17	FLAVIA CRISTINA CAYRES RODRIGUES	F	46	AVULSO	00:23:48	00:23:47
4	116	CATIA CRISTINA PEREIRA PASTREZ	F	41	CACADORES DE MEDALHAS	00:24:29	00:24:27
5	136	MÔNICA APARECIDA DA SILVA	F	35	FORM FITNESS	00:24:56	00:24:47
6	46	LUCINÉIA BATISTA FIGUEIREDO	F	41	AVULSO	00:25:10	00:25:04
7	272	TATIANE PRISCILA PORFIRIO	F	43	RD ACESSORIA	00:25:26	00:25:10
8	100	FRANCIS GRACE MONTEIRO BORGES DA SILVA	F	44	AVULSO	00:25:56	00:25:19
9	263	LUCIANE MARQUES	F	44	QUÊNIA RUNNING	00:25:42	00:25:35
10	311	BÁRBARA OLIVEIRA MORAES	F	24	TEAM FELIPE SILVA	00:25:46	00:25:36
11	149	JOICE FERNANDES DA SILVA	F	38	FORM FITNESS	00:25:46	00:25:37
12	133	ELISABETE DOS SANTOS RAMINELI	F	50	FOGO NO RABO	00:26:01	00:25:55
13	131	GIOVANNA RAFAEL	F	22	FEMININE	00:26:05	00:26:01
14	248	URSULA PEDROSO DA SILVA	F	54	PASSO A PASSO	00:26:58	00:26:52
15	262	JULIANE MARQUES DE FREITAS	F	40	QUÊNIA RUNNING	00:27:18	00:26:56
16	150	VILMA JORDÃO DOS SANTOS	F	46	FORM FITNESS	00:27:13	00:26:57
17	314	RAQUEL MATHIAS SANTA ROSA MARIM	F	37	TEAM FELIPE SILVA	00:27:09	00:26:59
18	146	LUCINEIA RODRIGUES GAVIÃO	F	35	FORM FITNESS	00:27:02	00:27:00
19	147	EDIRCE ROSA DIAS BARRETO	F	55	FORM FITNESS	00:27:25	00:27:23
20	313	GRAZIELE REGINA MATARAGGI	F	38	TEAM FELIPE SILVA	00:27:43	00:27:31
21	340	RITA RODRIGUES RANGEL	F	64	UFAM CHEGAMOS	00:27:41	00:27:33
22	129	MONALIZA ISABELE CARDOSO	F	33	DRYFIT ADVENTURE	00:27:46	00:27:39
23	320	GABRIELY SANTA ROSA MARIM	F	15	TEAM FELIPE SILVA	00:27:45	00:27:40
24	6	SIRLEI CLAUDINO DE OLIVEIRA DOMINGOS	F	48	ADVENTUNS RUN	00:27:49	00:27:47
25	42	ANDREA CASTRIANI CARRERO	F	44	AVULSO	00:27:56	00:27:50
26	187	SIMONE THAÍSA DE OLIVEIRA	F	35	FORM FITNESS	00:28:06	00:27:55
27	48	AYAKA TOIOMOTO	F	28	AVULSO	00:28:17	00:28:08
28	203	SUELI REGINA SARACENI RODRIGUES	F	50	HITACHI RUNNENS	00:28:25	00:28:15
29	342	ADRIANA MARIANO DA SILVA	F	39	UFAM CHEGAMOS	00:28:23	00:28:20
30	318	MARISLENE MARTINS CARDOSO	F	37	TEAM FELIPE SILVA	00:28:35	00:28:22
31	49	ASUKA TOIOMOTO	F	28	AVULSO	00:28:36	00:28:28
32	315	LÍDIA CARIUS ALVES	F	27	TEAM FELIPE SILVA	00:28:41	00:28:29
33	160	ANDRESA DOMINGAS SAMPAIO	F	45	FORM FITNESS	00:28:43	00:28:34
34	317	LUCIENE SANTA ROSA	F	36	TEAM FELIPE SILVA	00:28:56	00:28:43
35	44	CATARINA GARCIA PONTES	F	36	AVULSO	00:29:01	00:28:55
36	114	ALICIA MARIANA KELEN	F	24	BOX SPORTS ARTUR NOGUEIRA	00:29:26	00:28:59
37	333	MARIANA FERNANDES DIAS	F	34	TEAM FELIPE SILVA	00:29:42	00:29:27
38	55	ANGELA CARVALHO RUBIN	F	44	AVULSO	00:29:50	00:29:36
39	241	RITA EDNA DOS SANTOS	F	52	PASSO A PASSO	00:30:24	00:30:14
40	57	MARIANA DE PINHO FIME TORRES	F	34	AVULSO	00:30:57	00:30:23

41	134	CRISTIANE FEDRI MESQUITA	F	48	FORM FITNESS	00:30:55	00:30:26
42	63	BERTULINA SSODRE	F	58	AVULSO	00:30:43	00:30:31
43	338	MARIA PEREIRA CARDOSO	F	38	TEAM FELIPE SILVA	00:30:45	00:30:33
44	289	VERA LUCIA GONZAGA DOS SANTOS	F	57	RUN FOR WELLNESS	00:30:45	00:30:42
45	217	FERNANDA CAROLINE CANDIDO	F	27	OTA JUNIOR	00:31:03	00:30:47
46	330	MARIA ARLENE ALVES	F	37	TEAM FELIPE SILVA	00:31:04	00:30:47
47	329	PRISCILA REBORDOES	F	27	TEAM FELIPE SILVA	00:31:03	00:30:51
48	141	MÁRCIA MARTINS DE ARAÚJO	F	48	FORM FITNESS	00:31:16	00:30:56
49	154	CAMILA APARECIDA DA SILVA TOLEDO	F	35	FORM FITNESS	00:31:25	00:31:14
50	327	LUCIMARA FRANCILNIO	F	41	TEAM FELIPE SILVA	00:31:35	00:31:22
51	174	CAMILA REBORDOES	F	31	FORM FITNESS	00:31:48	00:31:29
52	319	CLÁDIA BEATRIZ FRANCO GODOY	F	49	TEAM FELIPE SILVA	00:31:41	00:31:32
53	89	FERNANDA GANASSIN	F	39	AVULSO	00:32:47	00:31:58
54	165	JULIA LAURINE SALES	F	26	FORM FITNESS	00:32:38	00:32:07
55	258	JOYCE SANTOS DA CRUZ	F	40	QUÊNIA RUNNING	00:32:12	00:32:08
56	206	APARECIDA ELIANE DOS SANTOS	F	52	NOVO TEMPO	00:32:37	00:32:24
57	231	ELAINE OLIVEIRA DA SILVA	F	38	OTA JUNIOR	00:32:55	00:32:25
58	107	INGRID GONCALVES PEREIRA	F	28	BOX SPORTS ARTUR NOGUEIRA	00:33:09	00:32:34
59	304	ANDREIA SOUZA	F	36	STUDIO PERSONALUZ	00:33:10	00:32:43
60	152	MARLENE AUGUSTA DA SILVA CORREA	F	67	FORM FITNESS	00:33:23	00:32:48
61	109	ANDREIA ZANARDO PAZ	F	37	BOX SPORTS ARTUR NOGUEIRA	00:33:19	00:32:51
62	238	MARIA SOELI LIMA DA ROSA CÂNDIDO	F	52	OTA JUNIOR	00:33:09	00:32:53
63	77	ROBERTA VIANNA GOZA PEREIRA	F	36	AVULSO	00:33:23	00:32:57
64	130	ANDREA DA SILVA CAMPOS	F	40	EQUIPE FORM FITNESS	00:33:15	00:33:06
65	62	MARIA DO CARMO MARTINS MENDES	F	48	AVULSO	00:33:20	00:33:08
66	305	ADRIANA GOMES FERREIRA TAVARES	F	36	STUDIO PERSONALUZ	00:34:08	00:33:48
67	40	ROBERTA MELLO DA SILVA	F	49	AVULSO	00:34:29	00:33:53
68	303	VIVIAN REGINA LUZ MUNIZ MEDEIROS	F	41	STUDIO PERSONALUZ	00:34:19	00:33:56
69	96	PATRICIA ROSA LUIZ	F	28	AVULSO	00:34:53	00:33:58
70	328	MARLENE MARTINS CARDOSO	F	37	TEAM FELIPE SILVA	00:34:34	00:34:11
71	281	LOURDES DE SOUZA SILVA	F	53	RM-MONTE MOR	00:34:42	00:34:16
72	9	TEREZA MARIA DE JESUS	F	64	AMIGOS RUNNERS	00:34:40	00:34:30
73	161	ANA CLEONICE PEREIRA DA SILVA	F	41	FORM FITNESS	00:35:07	00:34:34
74	95	LUCINEIA ALVES DE CARVALHO SILVA	F	52	AVULSO	00:34:55	00:34:42
75	337	MARIA NATHALIA DE OLIVEIRA FARIAS	F	55	TEAM FELIPE SILVA	00:34:57	00:34:46
76	156	ERICA GONÇALVES DOS SANTOS	F	39	FORM FITNESS	00:39:52	00:35:01
77	226	MIRIÃ PRADO	F	31	OTA JUNIOR	00:35:46	00:35:09
78	223	PATRICIA DE ANDRADE SILVA	F	33	OTA JUNIOR	00:35:47	00:35:22
79	26	MARIA DO CARMO CHINATO	F	43	AVULSO	00:35:49	00:35:31
80	254	ALICE SOARES MENDONÇA	F	27	QUÊNIA RUNNING	00:35:36	00:35:32
81	184	ARIEL CAROLINA DE SOUZA	F	38	FORM FITNESS	00:35:41	00:35:33
82	310	JESSICA DO CARMO SILVA	F	30	TEAM FELIPE SILVA	00:36:13	00:35:47
83	74	ZENEIDE APARECIDA SERRA	F	60	AVULSO	00:36:54	00:36:22
84	336	JESSICA ROBERTA DE SOUZA MOTA	F	31	TEAM FELIPE SILVA	00:36:59	00:36:34
85	334	VANDERLÉIA ALBERTO LIMA	F	30	TEAM FELIPE SILVA	00:36:58	00:36:36
86	142	IONE BATISTA DE OLIVEIRA DALARME	F	44	FORM FITNESS	00:37:19	00:36:40
87	195	ERYCA KALLENE RODRIGUES FARIAS	F	32	GJACOBI	00:37:28	00:36:44
88	113	LÉTICIA PAGLIATO	F	26	BOX SPORTS ARTUR NOGUEIRA	00:37:23	00:36:50

89	225	RAQUEL RODRIGUES ABADIA	F	28	OTA JUNIOR	00:37:37	00:37:03
90	90	REYANE RAMOS LIMEIRA	F	36	AVULSO	00:37:44	00:37:08
91	122	NILMARA PEREIRA DOS SANTOS DE JESUS	F	40	CENTRODETREINAMENTOS	00:37:45	00:37:09
92	70	JESSICA DOS SANTOS MANHA CORREA	F	32	AVULSO	00:37:41	00:37:23
93	11	EDILENE DE JESUS RAMOS	F	41	AMIGOS RUNNERS	00:37:38	00:37:25
94	312	RENATA GOMES DA SILVA	F	41	TEAM FELIPE SILVA	00:38:28	00:38:04
95	167	PATRICIA OLIVEIRA DA SILVA	F	28	FORM FITNESS	00:38:45	00:38:15
96	298	DANIELI FERREIRA LAZARINI DA SILVA	F	36	STUDIO PERSONALUZ	00:39:11	00:38:28
97	125	TATIANE FREIRE DA SILVA	F	38	CORREDORES DA ALEGRIA	00:38:38	00:38:36
98	86	ELZA DIAS PEREIRA	F	45	AVULSO	00:38:39	00:38:38
99	294	JACQUELINE DE LIMA CHAVES MONTEIRO	F	36	STUDIO PERSONALUZ	00:40:11	00:39:40
100	295	TATIANE BRITO MARTINS PINHEIRO	F	37	STUDIO PERSONALUZ	00:40:12	00:39:41
101	171	CLARA TOLEDO CRSITÁ	F	14	FORM FITNESS	00:39:52	00:39:42
102	186	JOSIANE APARECIDA DE SOUZA NUNES	F	31	FORM FITNESS	00:41:52	00:40:01
103	234	NATÁLIA APARECIDA PEREIRA	F	37	OTA JUNIOR	00:40:58	00:40:22
104	153	GABRIELA APARECIDA CORREA	F	27	FORM FITNESS	00:41:02	00:40:30
105	230	SANDRA DE ANDRADE SILVA	F	47	OTA JUNIOR	00:41:00	00:40:33
106	335	RAQUELLE GOMES	F	35	TEAM FELIPE SILVA	00:41:06	00:40:37
107	54	SILVIA JULIANA RODRIGUES DE OLIVEIRA	F	42	AVULSO	00:41:32	00:40:45
108	30	POLLYANA DOMINGUES DE OLIVEIRA	F	35	AVULSO	00:41:03	00:40:53
109	237	ADENIZE DA SILVA NUNES DOS SANTOS	F	46	OTA JUNIOR	00:41:00	00:41:00
110	350	MARCELA DOS SANTOS LOREDO	F	38		00:41:27	00:41:04
111	43	VALDIRENE MALTA	F	53	AVULSO	00:41:42	00:41:15
112	216	IARA DE CÁSSIA FERIAN PLEPIS	F	42	OTA JUNIOR	00:42:04	00:41:31
113	158	ANA PAULA DA SILVA CARDOSO	F	36	FORM FITNESS	00:42:25	00:41:57
114	163	MARIA JOSÉ RODRIGUES MAXIMO	F	50	FORM FITNESS	00:43:16	00:42:46
115	47	ELIANE PORCEL FIDEL	F	47	AVULSO	00:45:03	00:44:31
116	345	MARIA CLARA DE OLIVEIRA SANTOS	F	15		00:45:12	00:44:55
117	172	LUCIANA SANTANA DE SOUZA	F	46	FORM FITNESS	00:45:13	00:45:01
118	188	VANESSA DA SILVA COLODRO	F	39	FORM FITNESS	00:46:24	00:45:17
119	108	REGINA DOS REIS RODRIGUES	F	57	BOX SPORTS ARTUR NOGUEIRA	00:46:22	00:45:52
120	144	JULIANA ALVES DE SOUSA	F	39	FORM FITNESS	00:47:13	00:46:05
121	39	BARBARA MEDEIROS OLIVEIRA DE ARAUJO	F	30	AVULSO	00:47:09	00:47:00
122	213	MICHELE ATANAZIO DOS SANTOS SILVA	F	33	OTA JUNIOR	00:47:42	00:47:05
123	75	MARILISY CORDIOLLI DE SOUZA	F	37	AVULSO	00:56:37	00:56:21





