

4ª CORRIDA FORM FITNES - 2023

Relatório Geral - 5KM - Masculino

Coloc.	Numero	Nome	Equipe	Pace	Vel.	Tempo
1	127	EZEQUIEL FONSECA PEREIRA	DRUN	00:03:19	18,13	00:16:33
2	255	OSNI MENDONÇA CELESTINO	QUÊNIA RUNNING	00:03:22	17,80	00:16:51
3	192	HENRIQUE HOFF	GH RUNNING	00:03:25	17,60	00:17:03
4	266	EDIVALDO ELIAS DA SILVA	QUÊNIA RUNNING	00:03:29	17,24	00:17:24
5	121	ERIVALDO DOMINGUES MENDES	CAVALARIA DO MINGONE	00:03:30	17,14	00:17:30
6	249	DANIEL ALVES DAS NEVES	PASSO A PASSO	00:03:35	16,76	00:17:54
7	5	RENATO CESAR MATOS	ADVENTUNS RUN	00:03:38	16,54	00:18:08
8	120	SAMUEL VIEIRA	CAVALARIA DO MINGONE	00:03:39	16,45	00:18:14
9	244	DOUGLAS BROTO COELHO	PASSO A PASSO	00:03:45	16,03	00:18:43
10	205	FERNANDO ANASTÁCIO DE MOURA	HORTOLANDIA	00:03:45	15,99	00:18:46
11	246	JEFERSON V RIBEIRO	PASSO A PASSO	00:03:48	15,79	00:19:00
12	347	BILLY JOE DA SILVA QUEIROZ		00:03:48	15,78	00:19:01
13	2	MAGNO EDUARDO DE MORAES	ACAI TROPICAL NEW BO	00:03:49	15,73	00:19:04
14	31	DANILO DE LIMA TONIAZO	AVULSO	00:03:49	15,72	00:19:05
15	189	JHOE JACKSON OLIVEIRA	FORM FITNESS	00:03:49	15,72	00:19:05
16	14	LUCAS FELIPE GOMES	ARLETE SALGADOS	00:03:52	15,53	00:19:19
17	191	ALEXANDRE CERINO DE ALMEIDA	GH RUNNING	00:03:54	15,38	00:19:30
18	256	NILTON ALVES DA SILVA	QUÊNIA RUNNING	00:03:55	15,29	00:19:37
19	118	JONAS LUIZ MARTINS	CAO VEI TEAM	00:03:56	15,23	00:19:42
20	101	CARLOS EDUARDO LIASCH	BORA LA ASSESSORIA	00:03:59	15,08	00:19:54
21	139	BRUNO FELIPE PIRES DE LIMA	FORM FITNESS	00:04:01	14,93	00:20:06
22	242	LIVALDO DE LIMA E SILVA	PASSO A PASSO	00:04:01	14,91	00:20:07
23	193	LEANDRO CALICCHIO	GH RUNNING	00:04:02	14,89	00:20:09
24	265	PATRICK CARDOSO GIACOPINI	QUÊNIA RUNNING	00:04:05	14,68	00:20:26
25	71	VALTER SANTOS ALMEIDA	AVULSO	00:04:08	14,52	00:20:40
26	88	LUCAS AVELINO DA CRUZ PEREIRA	AVULSO	00:04:10	14,40	00:20:50
27	128	JURANDI RIBEIRO CAMPOS	DRUN AVENTURA	00:04:12	14,30	00:20:59
28	25	RAFAEL DOS SANTOS	AVULSO	00:04:12	14,26	00:21:02
29	84	FABIO ROBERTO DEMARQUI	AVULSO	00:04:14	14,18	00:21:09
30	33	MARCEL NICCHIO VIEIRA	AVULSO	00:04:14	14,17	00:21:10
31	200	BRUNO VIANA ALTAFIN	HITACHI RUNNENS	00:04:14	14,15	00:21:12
32	229	ERISVALDO CERQUEIRA DOS SANTOS	OTA JUNIOR	00:04:16	14,06	00:21:20
33	331	JOSÉ AUGUSTO DE CARVALHO	TEAM FELIPE SILVA	00:04:18	13,98	00:21:28
34	293	DEIVID LACERDA MARCURIO	SO CORRO DEUS	00:04:18	13,96	00:21:29
35	79	ALLAN ALVES DE GODOI	AVULSO	00:04:18	13,95	00:21:30
36	287	FELIPE NETO SILVESTRE	RM-MONTE MOR	00:04:18	13,95	00:21:30

37	173	MARLUCIO RODRIGUES PEREIRA	FORM FITNESS	00:04:24	13,66	00:21:58
38	194	HENRIQUE BLASI CRUZ	GH RUNNING	00:04:24	13,66	00:21:58
39	15	JOSE FERNANDO PEREIRA DA SILVA	ASAFE	00:04:24	13,64	00:22:00
40	16	CARLOS FERNANDES COSTA	ASAFE	00:04:24	13,63	00:22:01
41	93	REGINALDO CRUZ FERREIRA FERREIRA	AVULSO	00:04:27	13,47	00:22:16
42	87	LEONARDO VIEIRA DE SOUSA JUNIOR	AVULSO	00:04:27	13,46	00:22:17
43	80	ISRAEL CAETANO SANCHES NASCIMENTO	AVULSO	00:04:28	13,43	00:22:20
44	168	NATHAN HENRIQUE CALIXTO DE SOUZA	FORM FITNESS	00:04:28	13,41	00:22:22
45	247	BRUNO ROBERTO BARBOSA	PASSO A PASSO	00:04:31	13,30	00:22:33
46	117	FABIANO FELIX DE LIMA	CAO VEI TEAM	00:04:33	13,21	00:22:43
47	207	PAULO QUIROZ PEREIRA JUNIOR	NOVO TEMPO	00:04:33	13,19	00:22:45
48	343	PAULO RICARDO FERRUGEM	VINHEDO	00:04:33	13,18	00:22:46
49	292	ALEX ALVES DA SILVA	SO CORRO DEUS	00:04:33	13,18	00:22:46
50	259	TONI LIMA	QUÊNIA RUNNING	00:04:34	13,16	00:22:48
51	83	DIOGO FELIPE DOS SANTOS DONIZETE	AVULSO	00:04:34	13,16	00:22:48
52	32	CICERO MONTEIRO DA SILVA	AVULSO	00:04:34	13,16	00:22:48
53	112	CRISTHIAN CESAR VIAN	BOX SPORTS ARTUR NOGUEIRA	00:04:34	13,14	00:22:50
54	36	RICARDO APARECIDO GABRIEL	AVULSO	00:04:35	13,11	00:22:53
55	27	LUCAS SPESSOTO ACOSTA	AVULSO	00:04:35	13,11	00:22:53
56	324	MARCOS CORREIA	TEAM FELIPE SILVA	00:04:35	13,09	00:22:55
57	282	LUCIANO JOSE DA SILVA	RM-MONTE MOR	00:04:36	13,04	00:23:00
58	245	SIDNEY APARECIDO GOMES	PASSO A PASSO	00:04:39	12,91	00:23:14
59	7	EDIMAR LOPES DE	ADVENTUNS RUN	00:04:40	12,85	00:23:21
60	3	MURILO JARDIM	ADONAI - NINJA	00:04:40	12,85	00:23:21
61	208	WILTON DE LUCENA CARVALHO SILVA	NOVO TEMPO	00:04:40	12,84	00:23:22
62	253	THIAGO AMARAL	QUÊNIA RUNNING	00:04:42	12,77	00:23:30
63	341	BRUNO HENRIQUE ALVETI	UFAH CHEGAMOS	00:04:43	12,74	00:23:33
64	1	JOAQUIM ALVES DA SILVA	AACORUJA	00:04:46	12,61	00:23:48
65	124	EDERSON GARCIA PONTES	CORREDORES DA ALEGRIA	00:04:47	12,54	00:23:55
66	280	CARLOS ALEXANDRE FAGUNDES	RM-MONTE MOR	00:04:48	12,48	00:24:02
67	321	PETERSON BARBOSA DA SILVA	TEAM FELIPE SILVA	00:04:49	12,47	00:24:03
68	82	WILLKER SANTOS DA SILVA	AVULSO	00:04:50	12,40	00:24:12
69	224	EDUARDO SANTOS	OTA JUNIOR	00:04:53	12,30	00:24:23
70	210	ESTEVAN BORGES DE SOUZA	OTA JUNIOR	00:04:53	12,30	00:24:24
71	180	GILDEVAN CRUZ DA SILVA	FORM FITNESS	00:04:56	12,17	00:24:39
72	8	ANTONIO FRANCISCO DE OLIVEIRA	ÁGUIA DE FOGO	00:04:57	12,12	00:24:45
73	56	JOSE TORRES GALINDO NETO	AVULSO	00:04:58	12,10	00:24:48
74	169	DIEGO JORDÃO DE BRITO	FORM FITNESS	00:04:58	12,09	00:24:49
75	13	JAISON DA CONCEICAO	AMIGOS RUNNERS	00:04:58	12,06	00:24:52
76	94	PAULO HENRIQUE VICENTE JUNIOR	AVULSO	00:05:01	11,98	00:25:03
77	119	MARCOS FERREIRA PALMA	CAVALARIA DO MINGONE	00:05:01	11,96	00:25:05
78	296	LEANDRO DOS SANTOS MARQUES LUZ	STUDIO PERSONALUZ	00:05:02	11,92	00:25:10

79	155	LUIS CARLOS DE MOURA	FORM FITNESS	00:05:03	11,90	00:25:13
80	197	FRANCISCO ANTONIO DE SOUSA	HITACHI RUNNENS	00:05:03	11,88	00:25:15
81	209	GERALDO PEDRO DOS SANTOS	NOVO TEMPO	00:05:04	11,86	00:25:18
82	105	RICK IZIDIO	BOX SPORTS ARTUR NOGUEIRA	00:05:04	11,84	00:25:20
83	99	JOHNNY GABRIEL SARTORELLI DOS SANTOS	AVULSO	00:05:05	11,79	00:25:27
84	243	JOSE MARIA DE LIMA	PASSO A PASSO	00:05:06	11,78	00:25:28
85	274	MANOEL LUIZ PEREIRA FILHO	RM-MONTE MOR	00:05:06	11,76	00:25:31
86	290	JOSE BISPO DOS SANTOS	SALTO	00:05:08	11,70	00:25:38
87	10	EDUARDO DE JESUS RODRIGUES	AMIGOS RUNNERS	00:05:08	11,70	00:25:39
88	65	MARCUS VINICIUS MARIANO DA CUNHA	AVULSO	00:05:08	11,70	00:25:39
89	252	RODRIGO ALMEIDA DA SILVA	QUÊNIA RUNNING	00:05:09	11,64	00:25:46
90	307	RÉGIS DA SILVA ALMEIDA	STUDIO PERSONALUZ	00:05:11	11,58	00:25:55
91	148	LUIS ALBERTO IZZO	FORM FITNESS	00:05:12	11,55	00:25:58
92	85	WELINGTON VIEIRA ALVES	AVULSO	00:05:12	11,55	00:25:59
93	22	MERQUIDES SANTANA GUIMARAES	AVULSO	00:05:13	11,51	00:26:04
94	28	PAULO SERGIO VENCESLAU DE BRITO	AVULSO	00:05:15	11,44	00:26:14
95	137	ROBSON DOS SANTOS SILVA	FORM FITNESS	00:05:15	11,41	00:26:17
96	325	EDUARDO DA SILVA	TEAM FELIPE SILVA	00:05:16	11,39	00:26:21
97	291	HELTON SILVA DE OLIVEIRA	SH P&T	00:05:18	11,33	00:26:29
98	45	GUILHERME DE ALMEIDA	AVULSO	00:05:18	11,32	00:26:30
99	284	JEREMIAS DIAS DA SILVA	RM-MONTE MOR	00:05:19	11,29	00:26:34
100	222	BRUNO VINICIUS DOS SANTOS	OTA JUNIOR	00:05:19	11,27	00:26:37
101	332	GUILHERME AUGUSTO ALVES DE CARVALHO	TEAM FELIPE SILVA	00:05:20	11,26	00:26:38
102	270	FENÍCIO NASCIMENTO	QUÊNIA RUNNING	00:05:20	11,25	00:26:40
103	91	EVANDRO RODRIGUES DOS SANTOS	AVULSO	00:05:21	11,22	00:26:44
104	50	JOÃO CARLOS GONÇALVES CARVALHO	AVULSO	00:05:22	11,19	00:26:49
105	198	EDIVALDO ZACARIAS RODRIGUES	HITACHI RUNNENS	00:05:23	11,15	00:26:55
106	145	ROMMENINGG LINS R.DE JESUS	FORM FITNESS	00:05:26	11,06	00:27:08
107	185	SEBASTIÃO PEREIRA DA JUNIOR	FORM FITNESS	00:05:27	11,02	00:27:13
108	151	ANDERSON PAULO DE BRITO	FORM FITNESS	00:05:28	10,96	00:27:22
109	235	WESLEY PEREIRA DOS SANTOS	OTA JUNIOR	00:05:29	10,96	00:27:23
110	221	DOUGLAS DE ALMEIDA DE SOUSA	OTA JUNIOR	00:05:31	10,88	00:27:35
111	344	YGOR RICHARD MATHIAS	YGOR R MATHIAS	00:05:32	10,86	00:27:38
112	196	WARLYNGTHON MENDES MARQUES	GJACOBI	00:05:34	10,79	00:27:48
113	199	RODRIGO POLTRONIERI	HITACHI RUNNENS	00:05:35	10,75	00:27:54
114	300	ROBSON LUÍS DE SIQUEIRA	STUDIO PERSONALUZ	00:05:36	10,72	00:27:59
115	275	LUIZ DAVI DE SOUZA	RM-MONTE MOR	00:05:36	10,71	00:28:00
116	339	WALDINEI QUINTINO DA SILVA	TOPTEAM PAULINIA	00:05:38	10,66	00:28:08
117	269	MARCELO JOÃO DOS SANTOS	QUÊNIA RUNNING	00:05:39	10,61	00:28:17
118	157	JAIR FREITAS DA CRUZ	FORM FITNESS	00:05:40	10,58	00:28:22
119	143	CARLOS ROBERTO DALARME	FORM FITNESS	00:05:43	10,51	00:28:33
120	260	ALEXANDRE TORTORELLA MANDL	QUÊNIA RUNNING	00:05:43	10,50	00:28:35

121	211	VALTER DA SILVA VIEIRA JUNIOR	OTA JUNIOR	00:05:45	10,42	00:28:47
122	102	JEFERSON WILLIAM	BOX SPORTS ARTUR NOGUEIRA	00:05:45	10,42	00:28:47
123	64	SIDNEI TEIXEIRA DE NORONHA	AVULSO	00:05:46	10,39	00:28:52
124	138	JOSÉ CANDIDO RODRIGUES	FORM FITNESS	00:05:47	10,39	00:28:53
125	201	VICTOR DOS SANTOS RIBEIRO	HITACHI RUNNENS	00:05:48	10,33	00:29:02
126	309	LUIZ MARQUES LUZ	STUDIO PERSONALUZ	00:05:49	10,30	00:29:07
127	68	JOSE HENRIQUE PAVAN	AVULSO	00:05:50	10,30	00:29:08
128	20	GABRIEL DOS SANTOS PEREIRA DA SILVA	AVULSO	00:05:51	10,26	00:29:14
129	21	YURI BATISTA DE ARRUDA	AVULSO	00:05:51	10,26	00:29:14
130	29	PATRICK BURKITT	AVULSO	00:05:52	10,23	00:29:19
131	73	EDSON APARECIDO FERES	AVULSO	00:05:53	10,20	00:29:25
132	239	LUIS FERNANDO SOARES DIAS	OTA JUNIOR	00:05:54	10,17	00:29:30
133	175	JULIANO FERREIRA DA SILVA	FORM FITNESS	00:05:54	10,16	00:29:31
134	72	RODRIGO DE OLIVEIRA LIMA	AVULSO	00:05:55	10,14	00:29:35
135	212	THIAGO RAFAEL DA SILVA	OTA JUNIOR	00:05:56	10,12	00:29:39
136	322	ÉDISON LUIZ DE OLIVEIRA	TEAM FELIPE SILVA	00:05:56	10,10	00:29:42
137	261	DAVI MACIEL	QUÊNIA RUNNING	00:05:57	10,09	00:29:44
138	106	MIGUEL GOMES ANDRADE	BOX SPORTS ARTUR NOGUEIRA	00:06:02	9,94	00:30:11
139	35	DANIEL CANDIDO VELOZO	AVULSO	00:06:05	9,87	00:30:23
140	268	JOSÉ VITAL DE CARVALHO	QUÊNIA RUNNING	00:06:08	9,78	00:30:40
141	76	MARIO SERGIO DO AMARAL PEREIRA	AVULSO	00:06:12	9,68	00:31:00
142	19	SIDNEY CARVALHO	AVULSO	00:06:14	9,62	00:31:12
143	181	JOSÉ NETO DA SILVA	FORM FITNESS	00:06:15	9,61	00:31:13
144	308	BRUNO DOS MARQUES LUZ	STUDIO PERSONALUZ	00:06:15	9,61	00:31:13
145	66	FERNANDO ANTONIO DE MELO FILHO	AVULSO	00:06:16	9,58	00:31:18
146	135	LÉO MESQUITA	FORM FITNESS	00:06:18	9,51	00:31:32
147	240	RONALDO CESAR PEDROSO	PASSO A PASSO	00:06:20	9,48	00:31:38
148	227	GEORGE ANDRADE	OTA JUNIOR	00:06:21	9,45	00:31:44
149	23	LEANDRO CANDIDO PONTES	AVULSO	00:06:22	9,41	00:31:52
150	346	JOSE EDGAR AUGUSTO JUNIOR		00:06:22	9,41	00:31:52
151	103	WELLINGTON LUIZ PEGORARI HAMANN	BOX SPORTS ARTUR NOGUEIRA	00:06:29	9,26	00:32:24
152	159	RAFAEL VIANA ARGUELHO	FORM FITNESS	00:06:29	9,25	00:32:25
153	34	THIAGO ANTUNES MEIRA	AVULSO	00:06:30	9,23	00:32:31
154	104	FELIPE RODRIGUES LIMA	BOX SPORTS ARTUR NOGUEIRA	00:06:31	9,21	00:32:34
155	92	JAIME DONIZETE PEREIRA	AVULSO	00:06:31	9,21	00:32:35
156	140	MARCELO BATISTA GOMES	FORM FITNESS	00:06:31	9,20	00:32:37
157	132	GEMIMA PAES DOS SANTOS CARNEIRO	FOCO RUNNING	00:06:36	9,09	00:33:01
158	41	PAULO AUGUSTO MARTINEZ	AVULSO	00:06:44	8,92	00:33:39
159	24	MIGUEL DE JESUS SCIASCIO	AVULSO	00:06:47	8,84	00:33:57
160	297	OSIAS OLIVEIRA FEITOZA	STUDIO PERSONALUZ	00:06:54	8,69	00:34:31
161	126	DEVAIR APARECIDO FAUSTINO	DEUS E FÉ	00:06:55	8,67	00:34:36
162	251	JULIO BERTO FERREIRA	QUÊNIA RUNNING	00:06:56	8,66	00:34:38

163	283	MAYGON SENA	RM-MONTE MOR	00:06:58	8,62	00:34:48
164	178	JORGE JESUS DA SILVA	FORM FITNESS	00:06:59	8,60	00:34:53
165	219	ANTONIO MARQUES NUNES	OTA JUNIOR	00:07:01	8,55	00:35:05
166	215	ALEXANDRE LUÍS GIRELLI	OTA JUNIOR	00:07:02	8,53	00:35:10
167	166	JOSÉ APARECIDO DO NASCIMENTO	FORM FITNESS	00:07:05	8,46	00:35:27
168	78	ANDRE FERREIRA LIMA	AVULSO	00:07:05	8,46	00:35:27
169	123	APARECIDO JEAN OLIVEIRA PEREIRA	CLUB RUN ACESS ESPO	00:07:17	8,25	00:36:23
170	98	VINICIUS GUILHERME ZEFERINO	AVULSO	00:07:19	8,20	00:36:36
171	18	BRUNO MIRANDA FERRAZ	AVULSO	00:07:20	8,18	00:36:40
172	97	GERALDINO ROCHA MENDES	AVULSO	00:07:22	8,14	00:36:50
173	111	RICARDO GALVAO	BOX SPORTS ARTUR NOGUEIRA	00:07:34	7,94	00:37:48
174	53	MARCELO DE SOUZA	AVULSO	00:07:38	7,86	00:38:10
175	299	ERICK PEDROSO DA SILVA	STUDIO PERSONALUZ	00:07:42	7,80	00:38:29
176	273	RAFAEL DELGADO	RD ACESSORIA	00:07:48	7,69	00:39:02
177	220	OTACILIO BORGES DE ABREU JÚNIOR	OTA JUNIOR	00:08:17	7,24	00:41:27
178	232	FERNANDO EMANUEL FERIAN PLEPIS	OTA JUNIOR	00:08:18	7,22	00:41:32
179	228	LUCAS BORGES DE OLIVEIRA	OTA JUNIOR	00:08:19	7,21	00:41:36
180	162	GILMAR VALÉRIO DA SILVA	FORM FITNESS	00:08:34	7,01	00:42:48
181	204	MOISES LOPES GONCALVES JUNIOR	HITACHI RUNNENS	00:08:47	6,83	00:43:56
182	257	NILSON MOTA	QUÊNIA RUNNING	00:12:14	4,90	01:01:12
183	278	JOSÉ HORTENCIO	RM-MONTE MOR	00:12:15	4,90	01:01:14

